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**In case of heart attack, call 9-1-1**  
***and preserve our nation.***



P1

P2

# Know the Signs of Heart Attack

- Chest pressure, pain or discomfort
- Pain in arms, neck, jaw or stomach
- Sweating or nausea
- Shortness of breath
- Fatigue
- Anxiety

For more information, talk to your healthcare provider.



American Heart Association®

*Learn and Live<sup>SM</sup>*

**1-800-AHA-USA1**  
**americanheart.org**

Brought to you with funding from the  
Centers for Disease Control and Prevention.



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Health and Human Services  
Chronic Disease Prevention  
and Health Promotion Bureau  
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